

THE BEATITUDES

(Matthew 5:1-12)

ဝေယရးခရစ္စတေတာ့၏
မဂလာတရားတော်

Now when he saw the crowds, he went up on a mountainside and sat down. His disciples came to him, ² and he began to teach them, saying:

³ "Blessed are the poor in spirit, for theirs is the kingdom of heaven.

⁴ Blessed are those who mourn, for they will be comforted.

⁵ Blessed are the meek, for they will inherit the earth.

- 6 Blessed are those who hunger and thirst for righteousness, for they will be filled.**
- 7 Blessed are the merciful, for they will be shown mercy.**
- 8 Blessed are the pure in heart, for they will see God.**
- 9 Blessed are the peacemakers, for they will be called sons of God.**

10 Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.

11 "Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. 12 Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.

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ဝေယရ်းခရစ္စတေတာ့၏
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- Happiness was thought to have at least two aspects: *hedonia* (a life of pleasure) and *eudaimonia* (a life well lived).
- Happiness is referred to as simply enjoying *pleasure and meaning*.

Modern psychologists added *Engagement*

*“As happiness is subjective,
the stimuli needed to be happy
are also subjective.”*

Jesus preached a different form of happiness

“Blessed” means more than just ‘happy.’ *It is an exclamation of the inner joy and peace that comes with being right with God.*

**Beatitudes of Jesus seem
paradoxical.**

***Now when he saw the crowds,
he went up on a mountainside
and sat down. His disciples
came to him, **2** and he began to
teach them, . . . **(5:1)*****

spirit for theirs is the kingdom of
heaven (5:3)

စိတ်ဝိညာဉ်ဆင်းရဲမိုးပါးသော
သူတို့သည် မဂလာရုံဖွဲ့ကမ်း။

အဖွဲ့ကားမကား

ကောင်းကင်ဝင်တော့သည့်

သူတို့၏ ဝင်၍ဖို့၏။ ရှင်ခရစ်တို့

၅:၃

So how then can one enter the kingdom of heaven?

ဒါဆံ့ရင လုတစုေယာက္ခယ
ေကာငးကငးဒုငံေတာ့ကို
ဘယျံဝငးဒုငံေတာ့လဲ။

One must be poor in spirit.

သဟာ ဝိညာဉေဘာမ္မာ ဆငးရဲ
နံ့မ့ခမးရဲရမည။

What does this mean?

ဤအရာကဘာကိုဆိုလိုပါသလဲ

to recognise our pathetic spiritual
destitution and then to turn to
God for mercy.

ကဖြူးပွဲပွဲကြီး၏ ဝိညာဏ်ရေးရာမှာ
မေ့မော့လေ့စရာ မရှိ
ခိုကုံးရာမဲ့ဖုစေနေသာ
အေ့အေ့နုကံ လကံစပီး
ဘုရားသခင်၏ ဂရုဏာတော် ဆီသို့

2. Blessed are they that mourn for they will be comforted (5:4)

ဝမ်းနည်းနေကြသောသူတို့သည်
မဂလာရှိဖွယ်ကောင်း၏။
အပူပေးသောသူတို့သည်
အေးသောအခန်းကို
ခံစားရဖွယ်ရှိမည်။ ရှင်ခရစ်တော် ၅:၄

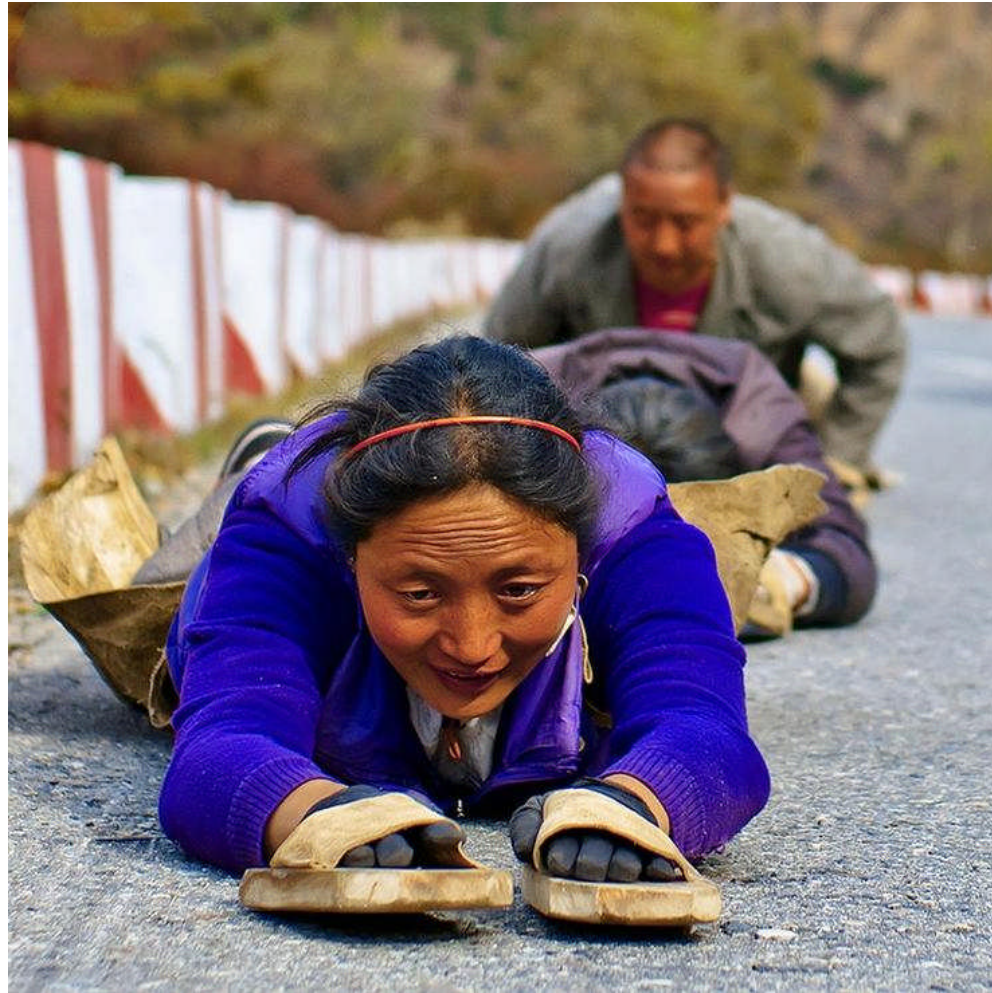
**‘Mourning’ = spiritual mourning,
a mourning over our sinfulness.**

**Note the present tense in the
verb ‘mourns.’**

"We make much to the grace of God that we lack the seriousness of sin. (John Stott)



**Tibetan Buddhists' rolling mantra
prayer beads between their
thumbs and index fingers.**



Annual pilgrimage to the holy city of Lhasa.

But the tax collector stood at a distance. He would not even look up to heaven, but beat his breast and said, `God, have mercy on me, a sinner.' "I tell you that this man, rather than the other, went home justified before God . (Luke 18:13-14)

➤ **Samson**

➤ **David**

The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise (Psalm 51:17)

3. Blessed are the meek for they will inherit the earth. (5:5)

၎င်းတို့သည် သိမ်မွေ့သော
သတ္တိ သည့် မဂ်လာရီဗုဒ္ဓကော၏။
အဘွေကောငှားမကား သတ္တိ သည့်
ကမတာဝေ့မက
အမွေဆက်ခံရဗုဒ္ဓကောလိမ့်မည်။
ရင်ခဲရစုဝငှား ၅:၅

Meekness is not cowardice but strength, courage, conviction - just like Jesus (Matthew 11:28) and Moses (Numbers 12:3).

It entails gentleness and self-control It implies freedom from malice and a vengeful spirit.

The popular marriage paradigm:

- **The wife caused the problem,**
- **The husband pointed out the problem,**
- **In the end the fault of the problem ended up with the husband.**

*"Lord, deliver me from the lust
of always vindicating myself
(St. Augustine)*

4. Blessed are those who
hunger and thirst after
righteousness for they will be
filled (5:6)

ပျောက်ဖွယ်ရာမရှိဘဲ
ဆာလောင်မြတ်သိပ်
သောသတ္တိ သည မဂလာရုံဖွဲ့က၏။
အဖွဲ့ကောင်းမကား သတ္တိ သည
ပျောက်ဖွယ်ရာမရှိဘဲ သို့ ရောက်ဖွဲ့ကလိ
မိမိ။

What is 'righteousness' here?

ကျွန်ုပ်တို့၏ ရှေးခေတ် နှစ်ပတ်လည် အထူးအလေး
ထားသော အကျိုးတော်ငူ ဖြစ်သည်။

*The conforming to the standard
of God's will, doing that which is
right and pure in the eyes of God.*

ဘုရား၏
အလုပ်တော်များကို အတိုင်း
ပုံဆောင်ရာ၌ ပိုမိုသော နှစ်ပတ်လည်
အထူးအလေးထားခြင်း ဖြစ်သည်။

2 Meanings of Righteousness

- The desire for righteousness in the personal life

မိမိအသက်တာမှာ

ဝေပျာငဲ့မတုချခင်းကို

ဆာငတုချခင်း

- The desire for righteousness in the land.

ပုညတော်မှာ ဝေပျာငဲ့မတု

ချခင်းကို ဆာငတုချခင်း

5. Blessed are the merciful, for they will be shown mercy (5:7)

သနားဖွဲ့ကုသောတို့သည်
မဂလာရုံဖွဲ့ကု၏။

အဖွဲ့ကုသောတို့သည်

သနားဖွဲ့ကုသောတို့သည်
ခံရဖွဲ့ကုလိမ့်မည်။

ရင်ခံရစေ ၅:၇

***A society that despises mercy is
a society that gratifies brutality***

What is the outcome when we express mercy?

သနားဖွဲ့ကဏ္ဍမးကိံေဖာ့ျုပျခငုံး
ရဲၼ် ရလဒ်ဘာေတြဲလဲ။

1. an absence from chastening.

ဆုံးမခံရျခငုံးမရှိျခငုံး

2. a presence of blessings

ေကာငုံးဆက်းမဂၢလာရှိျခငုံး

6. Blessed are the pure in heart
for they will see God (5:8)

စိတ်၎င်းလုံး၎င်း၎င်း၎င်း
မဂလာရဟက၏။

အစောကားမကား

သတိသညဘုရားသခင်ကို
မငရဟကလမံမည။ ရှင်ခရစ္စတု ၅:၈

‘Pure’ - of metals being refined
till all impurities are removed

7. Blessed are the peacemakers for they will be called sons of

God (5:9)

မင်္ဂမ္းခမ္းမးကို ပျစစေေသာသ
တုံသည မဂလာရ်ဗုက၏။

အေ့ကော့မ္းမ္း သုတုံသည
ဘုရားသခင်၏ သားမား

ဟေ့ခင်္ဂေ့ပျခင်းကိုခံရဗုကလိမ္း
မည။

ရင်ခရစဝင် ၅:၉

Two types of peacemakers:

a. Those who resolve a personal conflict

ပုဂ္ဂိုလ်ရေးရာ သဘာဝထား
ကဲပြုလွှမ်းမားမှုကို
ပျောက်ရင်းပေးသွား

"Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, 24 leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift.

(Matthew 5:23-24)

b. Those who help resolve an external conflict.

ပျပငတိုကိုးကွဲ; ကို
ကညွေ့ပုဖရငးပေးသောသမား

***Peacemakers are called sons of
God because they are living
representations of God's children***

၈. Blessed are those who are
persecuted because of
righteousness for theirs is the
kingdom of heaven (5:10-12)

ပျော်ဖွယ်ရာတို့သည် ပျော်ရွှင်စွာ နေထိုင်ကြသော
အလှူရှင်တို့သည် ခံရသော
သတိပေးချက်များ မဂလာလာရုံနှင့်တူ၏။

အပျော်ရွှင်စွာနေထိုင်ကြသော
အလှူရှင်တို့သည် နေထိုင်ရာတွင်
သတိပေးချက်များ ခံရသော
သတိပေးချက်များ ခံရသော
သတိပေးချက်များ ခံရသော

ရင်ခွင်ရေစိုစွတ်စေရန် ၈:၁၀-၁၂

Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven. 11 "Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. 12 Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.

Remember the words I spoke to you: 'No servant is greater than his master.' If they persecuted me, they will persecute you also. (John 15:20)

"If we do not suffer it's because we do compromise"
(John Stott)

Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you. (5:12)

Review

- 1. Blessed are the poor in spirit for theirs is the kingdom of heaven (5:3)**
- 2. Blessed are they that mourn for they will be comforted (5:4)**
- 3. Blessed are the meek for they will inherit the earth. (5:5)**

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